

# National Immunization Awareness Month

- Vaccines help to prevent serious illness.
- Vaccination is safe and effective.
- Maine is a universal vaccine state, which means the state provides vaccinations to those under the age of 18.
- Check with your provider before traveling. Some countries require special vaccines.



*Want more  
information about  
vaccines? Visit the  
resources listed on  
this page or ask your  
healthcare provider  
today!*

Resources: <https://www.cdc.gov/vaccines/events/niam.html>  
<https://www.cdc.gov/vaccines/partners/index.html>  
<https://www.cdc.gov/vaccines/index.html>  
<http://www.maine.gov/dhhs/mecdc/infectious-disease/immunization/>