

HealthReach Community Health Centers



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HealthReach Welcomes Theresa Rush, Psychiatric Nurse Practitioner

WATERVILLE– Staff at three practices of HealthReach Community Health Centers will be welcoming Theresa Rush, PMHNP this summer. Theresa will offer psychiatric medication management which includes psychiatric assessment, diagnosis, and treatment at Western Maine Family Practice in Livermore Falls, Belgrade Regional Health Center, and Richmond Area Health Center. She will be working closely with patients and their primary care providers to determine the best plan of care to achieve optimum wellness.

Theresa recently obtained a Master of Science in Nursing, Psychiatric Mental Health Nurse Practitioner degree at Regis College, MA. Previously she completed an Associate of Science in Nursing degree (2015) at Central Maine Community College and a Bachelor of Science in Nursing degree at University of Maine-Augusta (2018).



Theresa has a longstanding history of working with psychiatric and neurodiverse patients in a group home setting prior to obtaining her RN degree. She also has spent the last three years working as a nurse care manager for the Behavioral Health Homes Program, which focuses on bridging the gap between psychiatric and medical healthcare. She brings a great deal of medical experience and insight to the mental health specialty and will be a tremendous asset to our team!

Theresa will be working at three HealthReach practices together with primary care and behavioral health clinicians to provide face-to-face and tele-video medication management visits to patients of all ages.

HealthReach Community Health Centers is comprised of eleven Federally Qualified Health Centers in Central and Western Maine. Dedicated providers deliver high quality medical and behavioral health care to citizens in over 80 rural communities. To ensure access to everyone, HealthReach accepts Medicare, MaineCare and major insurances. In addition, an Affordable Care Program is available to uninsured and underinsured residents as well as assistance with applications for programs that help with the cost of health care and medications including the Health Insurance Marketplace.

A private non-profit with a 46-year history, HealthReach is funded by patient fees, grants and by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$4,815,606 with 82.2 percent financed with non-governmental sources. The contents are those of the author and do not necessarily represent the official views of, nor are an endorsement by, the HRSA, HHS or the U.S. Government.

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