

# HealthReach Community Health Centers



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## ***Let's Go!* Program Recognizes HealthReach for Helping Patients Make Healthy Choices**

WATERVILLE – The *Let's Go!* Program, an initiative focused on obesity prevention in both youth and adults, has recognized seven HealthReach centers with the *Site of Distinction* award. In following the program's evidence-based strategies, HealthReach is helping patients to establish healthy habits through small, incremental changes in their lifestyle. One of these strategies includes patient discussions about healthy eating and active living when they come in for a visit.

HealthReach practices in Belgrade, Bethel, Coopers Mills/Whitefield (Sheepscot), Kingfield (Mt Abram), Rangeley, Strong, and Western Maine (Livermore Falls) are among 27 practices recognized in 2021! This is a particularly special achievement considering all the changes and challenges that the COVID-19 pandemic has brought to HealthReach over the past 20 months.

For more information, a listing of all recognized and registered program partners can be found at: [sites.letsgo.org](http://sites.letsgo.org)

HealthReach Community Health Centers is a group of twelve Federally Qualified Health Centers located across Central and Western Maine. Dedicated clinicians deliver high quality medical and behavioral healthcare to citizens from 9 of Maine's 16 counties. To ensure access for everyone, HealthReach accepts Medicare, MaineCare, and major insurance providers. In addition, an Affordable Care Program is available to both uninsured and underinsured residents. Assistance is available for applications to programs that help with the cost of your healthcare and medications, including the Health Insurance Marketplace.

A private non-profit with a 46-year history, HealthReach is funded by patient fees, grants, and by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$4,815,606 with 82.2% financed by non-governmental sources. The contents above are those of the author, and do not necessarily represent the official views of, or an endorsement by, HRSA, HHS, or the U.S. Government.

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